

Meeting of:	Alveley Patient Group Open Meeting	Action Needed	By Whom
Date & Time:	Tuesday 27th June 2017 7.00pm.		
Venue:	Recreation Ground & Village Hall, Alveley.		
Present :	Chris Noble, Isley Jakeman, Neil Sollom, Jen Sollom, Malcolm Philpotts, Isobel Faithful, Kate Riley, Lindsey Clark, Anthea Whetton, Sue Hart, Norma Crabtree, Sue XXXXX?, Barbara XXXXX?.		
Apologies:	Sally & Roger Barnes, John Johnson, Claire Teece & Barbara Smart		
Item 1	<p>The objective of this meeting was to learn and be able to use the outdoor gym equipment on the Rec. Instruction was provided by a fully qualified Trainer (Ty Richardson)</p> <p>The session began outside on the Rec, fortunately Ty managed to instruct us about all of the equipment before inclement weather forced us to abandon outside and decamp into the Village Hall, where Ty and the group continued to exercise using elasticated bands .</p> <p>All thought the evening had been successful and recommended that a repeat would be useful later on this/next year.</p> <p>IJ asked if Ty could send us some written instructions (for circulation to members) about the indoor exercises, which he agreed to do.</p> <p>There was no "formal" APG business conducted this evening.</p>		
Item 2	Meeting Closed at 8.15pm.		
Item 3			
Item 4			
Item 5			
Item 6			
Item 7			
Item 8			
Item 9			
Item 10			